



**Guam Memorial Hospital Authority  
Education Department**



**Authorized American Heart Association Training Center**

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**2019 BLS Initial Precourse Letter**

Welcome to the 2019 Basic Life Support (BLS) for Healthcare Provider Course!

**When and Where the Class Will Be Given**

DATE: January 26; February 23; March 23; April 27; May 25; June 22; July 27;  
August 24; September 28; October 26; November 23; December 21

TIME: Saturday @ 9am-1:30pm

LOCATION: GMHA Education Classroom 4<sup>th</sup> floor

Please wear loose, comfortable clothing. You will be practicing skills that require working on your hands and knees, bending, standing, and lifting. If you have any physical conditions that might prevent these activities, please tell one of the instructors when you arrive for the course. The instructor will work to accommodate your needs within the stated course completion requirements.

**Preparation Notes:**

The BLS for Healthcare Providers Course is designed to train you in the lifesaving skills of both CPR and relief of choking. Because the course covers a lot of material in a relatively short time, advanced preparation is required.

We recommend that you come to class prepared:

1. Review your BLS for Healthcare Providers manual, paying particular attention to the steps of CPR and relief of choking.
2. Read the objectives at the beginning of each section.
3. To find out about any updates to your book, visit [www.heart.org/cpr](http://www.heart.org/cpr), navigate to the page for this course and click on "updates."

**If you need to reschedule, this must be done 10 days prior to the course. Course fees will not be refunded for cancellations made less than 10 days prior to the course.**

We look forward to welcoming you. If you have any questions about the course, please call our Education Office at 647-2350.

Sincerely,

Cassandra Castro  
AHA/GMHA ITC Coordinator

Prepared: 12/6/2018