**OB Post Cesarean Section Orders**

**DATE:** ________________ **TIME:** ________________

**Nursing:**
- Vital Signs and fundal checks every 15 minutes x 4; every 30 minutes x 2; every hour x 2; then every 4 hours.
- Siblings may visit during visiting time.
- Foley catheter to bedside drain, notify provider if with low urine output (less than 120 ml in 4 hours).
- Discontinue foley catheter 24 hours post-op, or the morning that follow, if night time (if urine clear).
- Remove incision dressing on second post-op day.

**Rooming-in**
- Record Intake & Output x 24 hours
- Call if Temperature is > 100.4°F, pulse < 60 or > 120, systolic BP < 90 or > 150.

**Diet:**
- NPO, sips of water PRN
- May have clear liquids when tolerated.
- Advance diet to regular as tolerated by post-op day one.
- May have outside food once on a regular diet.
- Breastfeeding

**Laboratory:**
- CBC without differential in AM.

**Activity:**
- Up in chair after 6-12 hours and ambulate PRN
- May shower (when ambulating well)

**Respiratory:**
- Incentive spirometer every 2 hours while awake x 24 hours

**Consults:**
- Social service consult if indicated.

**Other:**

**Allergy:**

**IV Fluids:**
- IV Ringer’s Lactate or NS, 1000 ml at 125 ml/hour IV x 3L
- Pitocin 20 units into first 1000 ml of IV fluids.
- Keep heparin lock for 24 hours after last bottle of IV fluids, when tolerating P.O. well

**Medications:**
- Intraspinal Analgesia Given: Anesthesia 24 hour post-Cesarean Section intraspinal analgesia orders supersede all OB analgesia orders for 24 Hours.
- Spinal/General anesthesia given: Analgesia orders below are effective immediately post-op
- See 24 hour Post-Cesarean Section Intraspinal Analgesia Orders

**Hydromorphone (Dilaudid) 2 mg SQ every 4 hours X 24 hours, then 2 mg SQ every 4 hours PRN pain, scale 5 or greater.
- Oxycodone-acetaminophen 5 mg-325 mg tab (Percocet) 2 tablets orally every 4 hours PRN pain, scale of 4 or less.
- Tylenol 650 mg orally every 4 hours PRN temperature above 100.8°F.
* maximum of four (4) grams acetaminophen in 24 hours

**Antiemetics:**
- Zofran 4 mg IV Every 6 hours PRN Nausea and Vomiting

**Antiflatulents:**
- Simethicone (Mylicon) 80 milligrams orally every 8 hours PRN for gas

**Laxatives:**
- Colace 200 mg by mouth at bedtime.

**Other:**
- Ferrous Sulfate 325 mg orally TID once on regular diet.
- Prenatal Vitamins 1 tablet orally daily once on regular diet.
- Anusol HC Cream topical QID PRN for hemorrhoids
- Diphenhydramine (Benadryl) 25 mg PO every 4 hours PRN itching

**Immunoglobulins:**
- Rhogam 300 mcg IM once if mother is RH negative and baby is RH positive.

**Immunization:**
- Measles, mumps and rubella vaccine on discharge if not immune or equivocal.

**Physician’s Order Form - OB Post Cesarean Section Orders**

Guam Memorial Hospital Authority

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