



Guam Memorial Hospital Authority
Education Department
Authorized American Heart Association Training Center
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2025 BLS Initial Precourse Letter

Welcome to the 2025 Basic Life Support (BLS) for Healthcare Provider Course!

When and Where the Class Will Be Given

DATE: January 25; February 22; March 22; April 26; May 24; June 28; July 26;
August 24; September 27; October 26; November 15; December 13

TIME: Saturday @ 9am-2:00pm

LOCATION: 4th floor Education Classroom, GMHA

Please wear loose, comfortable clothing. You will be practicing skills that require working on your hands and knees, bending, standing, and lifting. If you have any physical conditions that might prevent these activities, please tell one of the instructors when you arrive for the course. The instructor will work to accommodate your needs within the stated course completion requirements. **To attend this course you must also have a copy of the BLS PROVIDER MANUAL (2020 CPR & ECC Guidelines) to help you prepare for the program and the exam. PLEASE BRING YOUR BLS PROVIDER MANUAL TO CLASS; you will be able to refer to it during the exam.**

Preparation Notes:

The BLS for Healthcare Providers Course is designed to train you in the lifesaving skills of both CPR and relief of choking. Because the course covers a lot of material in a relatively short time, advanced preparation is required.

We recommend that you come to class prepared:

1. Review your BLS for Healthcare Providers manual, paying particular attention to the steps of CPR and relief of choking.
2. Read the objectives at the beginning of each section.
3. To find out about any updates to your book, visit www.heart.org/cpr, navigate to the page for this course and click on “updates.”

If you need to reschedule, this must be done 10 days prior to the course. Course fees will not be refunded for cancellations made less than 10 days prior to the course.

We look forward to welcoming you. If you have any questions about the course, please call our Education Office at 671.647.2350.

Sincerely,
Cassandra Castro
GMHA ITC Coordinator