

**GUAM MEMORIAL HOSPITAL AUTHORITY  
PEDIATRIC PARENTERAL NUTRITION**

1. Each order is for one bag, order should be written to provide a 24-hour supply.
2. Order must be received in Pharmacy by NOON for same day delivery.
3. Any change after Pharmacy receives the order sheet should be called to ext. 2254/2255 and written on a Physician Order Sheet.

**DATE:** \_\_\_\_\_ **DOSING WEIGHT:** \_\_\_\_\_ **Kg**     **CENTRAL LINE**     **PERIPHERAL LINE**

- STANDARD AMINO ACIDS**
- PEDIATRIC AMINO ACIDS (e.g. TrophAmine®)**  
(Includes cysteine: **For pharmacy use only:** \_\_\_\_\_ grams protein/L x 30 mg cysteine = \_\_\_\_\_ mg cysteine/L)  
(RESTRICTED to use in infants ≤ 1 Kg at birth or on TPN > 2 weeks.)

**BASE SOLUTION**

- Pediatric Solution I**      Amino Acids 1.5% and Dextrose 10% (15 grams protein and 400 Kcal/liter)
- Pediatric Solution II**      Amino Acids 2% and Dextrose 12% (20 grams protein and 488 Kcal/liter)
- Pediatric Solution III**      Amino Acids 2.5% and Dextrose 15% (25 grams protein and 610 Kcal/liter)
- Pediatric Solution IV**      Amino Acids 3% and Dextrose 20% (30 grams protein and 800 Kcal/liter)
- Tailored Solution**      Amino Acids \_\_\_\_\_ % and Dextrose \_\_\_\_\_ % ( \_\_\_\_\_ grams protein/liter)

**INFUSION VOLUME:** \_\_\_\_\_ mL/hr x 24 hours = Total Volume \_\_\_\_\_ mL/day

| ELECTROLYTES AND MINERALS   | USUAL PEDIATRIC RANGE (Kg/day) |             |              |            |
|---|--------------------------------|-------------|--------------|------------|
|   | Neonates                       | 1 mo – 1 yr | 1 – 11 years | ≥ 12 years |
| Sodium _____ mEq/Kg/day   | 2 – 5                          | 3-4         | 2 – 4        | 1 – 3      |
| Potassium _____ mEq/Kg/day  | 2 – 3                          | 2 – 3       | 2 – 3        | 1 – 3      |
| Magnesium (as Sulfate) _____ mEq/Kg/day   | 0.4 – 0.6                      | 0.3 – 0.6   | 0.2 – 0.5    | 0.25       |
| Chloride* <input type="checkbox"/> None <input type="checkbox"/> 1/3 <input type="checkbox"/> 1/2 <input type="checkbox"/> 2/3 <input type="checkbox"/> All<br><i>*remaining anions will be given as acetate.</i> | 1/3                            | 1/3         | 1/3          | 1/2        |
| <input type="checkbox"/> Phosphate _____ mmol/Kg/day  | 1 – 2                          | 1 – 1.5     | 0.5          | 0.5        |
| <input type="checkbox"/> <b>Phosphate per NICU guidelines</b>   |                                |             |              |            |
| <input type="checkbox"/> Calcium (as Gluconate) _____ mg/Kg/day   |                                |             |              |            |
| <input type="checkbox"/> Calcium as (Gluconate) _____ mg/Kg/day x 0.0046 = _____ mEq/Kg/day Calcium (elemental)   | 500 – 700                      | 400 – 600   | 100 – 200    | 50         |
| <input type="checkbox"/> <b>Calcium per NICU guidelines</b>   |                                |             |              |            |

**VITAMINS AND TRACE ELEMENTS (Dose changes and additional items must be handwritten on the list below.)**

- Multiple Vitamins      Accept guidelines       Yes     No
- Multiple Trace Elements (delete if direct bili > 2 mg/dL)      Accept guidelines       Yes     No
- Zinc (indicated when multiple trace elements are deleted)      Age appropriate       Yes     No
- Selenium (indicated for parenteral nutrition > 2 weeks)      2 mcg/Kg/day (max 40 mcg)       Yes     No
- Vitamin K (for children > 11 years old)      5 mg every Monday       Yes     No

**MISCELLANEOUS ADDITIVES (Dose changes and additional items must be handwritten on the list below.)**

- Heparin (deletion requires attending approval)      1 unit/mL       Yes     No
- Ranitidine (only if indicated)      3 mg/Kg/day       Yes     No
- Carnitine (indicated for NICU TPN > 2 weeks)      10 mg/Kg/day       Yes     No
- \_\_\_\_\_      \_\_\_\_\_      \_\_\_\_\_
- \_\_\_\_\_      \_\_\_\_\_      \_\_\_\_\_

**INTRAVENOUS FAT EMULSION**

20% Fat Emulsion (2 Kcal/mL): \_\_\_\_\_ gm/Kg/day = \_\_\_\_\_ mL to infuse over \_\_\_\_\_ hours.

**Physician Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_ **Time:** \_\_\_\_\_

**PEDIATRIC Parenteral Nutrition Protocol**  
(Guidelines on back)

PATIENT ID LABEL

**GUAM MEMORIAL HOSPITAL AUTHORITY  
PEDIATRIC PARENTERAL NUTRITION PROTOCOL GUIDELINES**

**NICU CALCIUM/PHOSPHATE GUIDELINES**

| Standard Amino Acids |      |    |      |    |
|----------------------|------|----|------|----|
|                      | 1.5% | 2% | 2.5% | 3% |
| Ca (mEq/L)           | 14   | 22 | 24   | 26 |
| P (mM/L)             | 7    | 11 | 12   | 13 |

| Pediatric Amino Acids |      |    |      |    |
|-----------------------|------|----|------|----|
|                       | 1.5% | 2% | 2.5% | 3% |
| Ca (mEq/L)            | 22   | 24 | 26   | 30 |
| P (mM/L)              | 11   | 12 | 13   | 15 |

- Maximum Calcium = 4 mEq/Kg/day.
- Maximum Phosphate = 2 mmol/Kg/day
- If the amino acid concentration falls between two listed on the table, the lower concentration will be used to calculate the calcium and phosphate doses.

**DOSING WEIGHT:** Defined as the weight used for parenteral nutrition calculation. Usually the current weight; as appropriate, could be: Birthweight (e.g., Newborns); Estimated “dry” weight (e.g. Edema); Ideal Body Weight (e.g., obesity).

**RECOMMENDED LAB MONITORING**

|  |  |
|--|--|
| <b>Day 1</b>   | Prealbumin, LFTs, Triglyceride, Chem 7, Ca, Mg, Phosphorus |
| <b>Weekly</b>  | Prealbumin, Chem 7, Ca, Mg, Phosphorus                     |
| <b>Biweekly</b>  | LFTs   |
| <b>Check labs after making a change to the solution. (E.g., Dextrose, protein, lipids, electrolytes, etc.)</b> |  |

**TRACE ELEMENT GUIDELINES**

|           | < 3 Kg         | 3 Kg – 5 yr    | > 5 yr     |
|-----------|----------------|----------------|------------|
| <b>Zn</b> | 400 mcg/Kg/day | 200 mcg/Kg/day | 5 mg/day   |
| <b>Cu</b> | 40 mcg/Kg/day  | 20 mcg/Kg/day  | 1 mg/day   |
| <b>Mn</b> | 1 mcg/Kg/day   | 1 mcg/Kg/day   | 0.5 mg/day |
| <b>Cr</b> | 0.4 mcg/Kg/day | 0.2 mcg/Kg/day | 10 mcg/day |

**MULTIVITAMIN GUIDELINE (Dose/Day)\***

|                         | < 1 Kg                  | 1 – 3 Kg                 | 3 Kg – 11 years          | > 11 years         |
|-------------------------|-------------------------|--------------------------|--------------------------|--------------------|
| <b>Dose</b>             | <b>1.5 mL peds</b>      | <b>3.25 mL peds</b>      | <b>5 mL peds</b>         | <b>10 mL adult</b> |
| Vitamin A               | 690 International Units | 1495 International Units | 2300 International Units | 1 mg               |
| Vitamin D               | 120 International Units | 260 International Units  | 400 International Units  | 5 mcg              |
| Vitamin E               | 2.1 International Units | 4.55 International Units | 7 International Units    | 10 mg              |
| Vitamin K               | 60 mcg                  | 130 mcg                  | 200 mcg                  | ** see note below  |
| Vitamin C               | 24 mg                   | 52 mg                    | 80 mg                    | 100 mg             |
| Vitamin B <sub>1</sub>  | 0.36 mg                 | 0.78 mg                  | 1.2 mg                   | 3 mg               |
| Vitamin B <sub>2</sub>  | 0.45 mg                 | 0.91 mg                  | 1.4 mg                   | 3.6 mg             |
| Vitamin B <sub>6</sub>  | 0.3 mcg                 | 0.65 mg                  | 1 mg                     | 4 mg               |
| Vitamin B <sub>12</sub> | 0.3 mcg                 | 0.65 mcg                 | 1 mcg                    | 5 mcg              |
| Folate                  | 42 mcg                  | 91 mcg                   | 140 mcg                  | 400 mcg            |
| Niacin                  | 5.1 mg                  | 11 mg                    | 17 mg                    | 40 mg              |
| Biotin                  | 6 mcg                   | 13 mcg                   | 20 mcg                   | 60 mcg             |
| Antothenic Acid         | 1.5 mg                  | 3.25 mg                  | 5 mg                     | 15 mg              |

\* If necessary because of volume or osmolality (peripheral line) limitations, the multivitamin dose may be decreased or eliminated.

\*\* > 11 years of age receive 5 mg vitamin K every Monday if ordered.

**SOLUTION INDICATIONS**

- Pediatric Solution I:** Designed as the initial neonatal solution, it provides glucose and protein in amounts generally tolerated in the first few days of life. Some tiny infants especially those receiving large fluid volumes, may require lower concentrations of protein and/or dextrose than those found in this solution. Provision of 1.5 g/Kg/day of protein replaces urinary nitrogen (N) losses and may maintain N balance in newborns.
- Pediatric Solution II:** This solution is designed for older infants who have documented glucose tolerance to Pediatric Solution I. Care should be taken that adequate non-protein calories are provided. This can be accomplished by giving about 1 – 3 g/Kg/day of intravenous fat. Provisions of 2.7 – 3.5 g/Kg/day of protein promote positive N balance.
- Pediatric Solution III and IV:** These solutions are intended solely for the infant or child with a central line in place. They are designed for those who require prolonged parenteral support, who have increased nutritional requirements, or who are fluid restricted. Non-protein calories should come from both carbohydrate and fat in an appropriate ration of 60:40. Provisions of > 3.5 g/Kg/day or protein is **not** recommended.
- Intravenous Fat Emulsion (IFE):** A dose of 0.5 – 1 g/Kg/day delivers sufficient fat to meet essential fatty acids requirements. Higher doses up to 3 g/Kg/day will provide energy as well. Incremental increases by 0.5 g/Kg/day are recommended. The stated maximum pediatric dose on product literature is 4 g/Kg/day. Infusion time should be over as many hours as possible. An infusion rate of < 0.15 g/Kg/hour, especially for premature and SGA infants, is recommended. IFE should be used **cautiously** in infants with documented sepsis or pulmonary hypertension, and in extremely low birth weight infants less than 4 days old.