

## GUAM MEMORIAL HOSPITAL AUTHORITY

### ATURIDÅT ESPETÅT MIMURIÅT GUÅHÅN

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### **For Immediate Release**

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# GMHA is Nationally Recognized for its Commitment to Improving Cardiac Arrest Survival Rates

The American Heart Association presents Get With The Guidelines® - Resuscitation Bronze award for proven dedication to ensuring in-hospital cardiac arrest patients have access to best practices and lifesaving care.

(Friday, August 23, 2024; Tamuning, Guam) Guam Memorial Hospital Authority has received the American Heart Association's Get With The Guidelines® - Resuscitation Bronze quality achievement award for its commitment to treating in-hospital cardiac arrest, ultimately helping to improve survival rates.

Each year, more than 300,000 adults and children experience an in-hospital cardiac arrest. [1] Survival from cardiac arrest largely depends on timely medical emergency team response and effective CPR.

The Get With The Guidelines - Resuscitation program was developed to help save the lives of patients who experience in-hospital cardiac arrests by consistently following the most up-to-date research-based guidelines for treatment as outlined by the American Heart Association.

1 Annual Incidence of Adult and Pediatric In-Hospital Cardiac Arrest in the United States, 9 Jul 2019, Circulation: Cardiovascular Quality and Outcomes https://www.ahajournals.org/doi/10.1161/CIRCOUTCOMES.119.005580















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Guidelines include following protocols for patient safety, medical emergency team response, effective and timely resuscitation (CPR), and post-resuscitation care. Get With The Guidelines puts the expertise of the American Heart Association to work for hospitals nationwide, helping ensure the care provided to patients is aligned with the latest evidence-based and research-based guidelines.

"Guam Memorial Hospital Authority is committed to improving patient care by adhering to the latest resuscitation guidelines," said Lillian Perez-Posadas, Hospital Administrator. "Get With The Guidelines provides our clinical teams with proven knowledge and evidence-based guidelines to work with on a daily basis. Studies show these guidelines help patients increase their survivability from a cardiac arrest. The end goal is to ensure more people in Guam experience healthier lives."

Guam Memorial Hospital Authority received the award for meeting specific measures in treating Neonate/Infant patients who experience cardiac arrest in the hospital.

"We are pleased to recognize Guam Memorial Hospital Authority for its commitment to following these guidelines," said Tia Raymond, M.D., National Chairperson of the American Heart Association's Resuscitation Systems of Care Advisory Group and a pediatric cardiac intensivist at Medical City Children's Hospital, in Dallas. "Hospitals that participate in Get With The Guidelines often see improved patient outcomes and improved survival rates – a win for health care systems, families and communities."

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#### **About Guam Memorial Hospital Authority**

The Guam Memorial Hospital Authority is the governing body of Guam Memorial Hospital and the Skilled Nursing Facility (SNF). Guam Memorial Hospital is a 161-bed facility serving as Guam's only public hospital since 1946. GMHA's mission is to provide the Guam community with the best medical treatment possible, including treatment of in-hospital cardiac arrest patients. Learn more about GMHA at <a href="https://www.gmha.org">www.gmha.org</a>

#### About Get With The Guidelines®

Get With The Guidelines<sup>®</sup> is the American Heart Association/American Stroke Association's hospital-based quality improvement program that provides hospitals with the latest research-based guidelines. Developed with the goal of saving lives and hastening recovery, Get With The Guidelines has touched the lives of more than 14 million patients since 2001. For more information, visit heart.org.











